

DISTRICT 36 MONTHLY GROUP CONSCIENCE MEETING

NOVEMBER 10, 2025

Attendance: Sandy K. (GSR), Monique (Guest) 19th Street, Lauren E. (GSR) Big Book East, Ruth C. (GSR) Big Book West, Jeff C. (GSR) Bridge Street, Kristen P. (Liaison) Bridging The Gap, Julie B. (GSR), Ashley (AGSR) Dillsburg Group, Craig P. (GSR) Easier Softer Way, Heather L. (GSR & Technology Coordinator) Harrisburg Area Women's BB Study Group, Mark W. (GSR) Hershey Nooner, Matt M. (GSR) Out Of The Dark, Elaine B. (GSR) Set Aside Meeting, Chad P. (GSR), Craig Y. (Archivist) Some are Sicker Than Others, Meghan S. (GSR) There's More To Life, Mistie D. (GSR, D36 Intergroup Liaison) There is a Solution, Eric L. (GSR) Vision For You, Bryan E. (GSR) Wellsville Group # 1, Josh G. (GSR) West Shore Area Group, Nicole G. (Treasurer), Nicole P. (Intergroup Liaison) Young People's Group, Angelo S. (ADCM), James O. (DCM)

Motion to close District 36 October meeting was made by Matt M. and 2nd by Ruth C. By show of hands, the motion passed with substantial unanimity.

Meeting Opened: 6:30 PM with Declaration of Unity

Introductions/News from Groups- Kim W.

Summaries

- Josh G. (West Shore Area Group) – Saturday November 22, 2025 – Friendsgiving Potluck 12-4PM with Speaker Mike at 2:00 PM. Bring your favorite dish or dessert to share. Turkey, stuffing, potatoes and green beans will be provided. 442 Hummel Ave., Lemoyne, PA. Contact Josh G. for more information: 223-231-8399
- Angie (The Hershey Group) – 68th Anniversary Meeting, Saturday December 13, 2025. Doors open at 5:00 PM, Meeting at 7:30 PM and Speaker (Debbie T.) at 7:30 PM. Desserts and side dishes welcome. Derry Presbyterian Church, E. Derry Road & Mansion Rd., Hershey, PA
- Jeff C. (Bridge Street) – Holiday Gathering on December 21, 2025. 5:30 PM for Pasta and 7:00 PM meeting. Bring your favorite side dish or desert to share. And the speaker will be Lamar from York. St. Paul's Lutheran Church, 530 Bridge Street, New Cumberland, PA
- **Monthly Concept 11:** While the trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs and consultants. Therefore, the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.- (**Julie B.**)

OFFICER'S REPORTS

- **Secretary Kim W.**
 - The November draft minutes will be sent out to everyone within 14 days which is required as per the Structure guidelines.
 - October's final minutes and associated files will be sent to Judy for uploading on the D36 website within 1 week from today.
 - Mistie D. wanted one correction for the November minutes.
 - Add Haley S., Nicole P. and Lauren E. to the New Ad-Hoc Committee
 - By a show of hands, the motion passed to accept the November minutes by substantial unanimity
- **Treasurer Nicole G.**
 - See Treasurer report
 - We are currently operating above Prudent Reserve
 - Nicole is looking into a wired internet connection vs. a hot spot similar to what Intergroup is using. She has no pricing information at this time. This could be a potential change in the near future.
 - By a show of hands, the motion passed to accept the October treasurer report by substantial unanimity
- **Officer-at-Large (OAL)**
 - Position is open
- **ADCM Angelo S.**
 - Important Take Aways!
 - The 68th EPGSA is scheduled for November 14-16, 2025 at the Wyndham Lancaster Resort & Convention Center, 2300 Lincoln Highway West, Lancaster, PA. This year Area officers and Area committees report on their work to the Assembly. There will also be workshops, discussion panels and meetings. For more information, go to area59aa.org and click on Events and you will find the registration form, hotel reservations, and volunteer form and lots of other information. There will be an open sharing event to get feedback from GSR's/Groups on two questions related to the Founder's Literature on Saturday November 15, 2025. It is suggested that all GSR's and AA groups attend.
 - GSR's please familiarize yourself with the D36 Structure Manual.
 - NEW GSR's – the AA Service Manual/Twelve Concept for World Services is no longer included with the GSR kit. You can ask your home group to purchase for you OR you can download the pdf at aaharrisburg.org
 - See ADCM report
 - Matt M. asked why Angelo goes to all of these meetings and what the purpose is. Angelo stated that he goes to meet up with the GSR's to see what is going on and to tell Home Groups about Districts and to tell them about what goes on at Districts.
- **DCM James O.**

- Important Take Aways!
- We sent an email to all GSR's with what our delegate is looking for as there will be a sharing session specifically for GSR's and Homegroups. During our assembly at EPGSA there will be open sharing to get feedback from the GSRs/Groups on two questions related to the Founder's Literature on November 15, 2025 at 8:45AM – to approximately 11:20AM
 - What general process should we use to classify writings as Recovery, Service, or Archival/Historical? Who should determine the classification?
 - What literature do you consider to be in each category of Recovery, Service, or Archival/Historical?
- See DCM Report

SUBCOMMITTEE REPORTS

- **Archives** - Mark W. (Chair)
 - No report
- **Structure** – Josh G. (Chair)
 - No report.
- **Workshop** –Heather L.
 - This committee will be restructuring and plan to meet with Intergroup to coordinate with them as far as workshops go for 2026. They plan on working together with Intergroup on the workshops
- **Finance** – Meghan S. (Chair)
 - No report
- **BTG** – Tom A.
 - No report. Not present.
- **Ad-Hoc District Split – Open position**
 - Position remains open.

LIAISON REPORTS

District 36 Archivist – Craig Y.

- Still digitizing. Special note- this is the 50th anniversary for Living Sober book!

District 36 Technology Coordinator – Heather L.

- No report

Bridging the Gap (BTG) – Kristen P.

- Kristen stated that there were one contact in October

District 36 Intergroup – Miste D.

- Miste D. did her report at the November meeting

Harrisburg Intergroup – Nicole P.

- Hotline and treatment centers are working at scheduling out through 2026.
- Bylaw changes are going on right now.
- Al-Anon if anyone is interested in learning more about it please check with Nicole P.
- Events on the website now must meet certain criteria. See Nicole for criteria information
- Intergroup is looking for Chair person for Activities committee for 2026

OLD BUSINESS

- Ad-Hoc District 36 group inventory recap
 - Elaine B. summarized the D36 Group Inventory experience:
 - There were 18 people present on November 8, 2025 for the Inventory. The meeting was from 10:00 AM – 1:30 PM. The cost was \$117 for food and church rental. The committee met 3 times. The committee accepted the suggested Moderator and secretary selection for the inventory. The committee created questions that were provided or suggested by Area 59. The information about the Inventory was disseminated to the Harrisburg AA website. Any questions please contact Elaine B. at 717-802-4285
- Saturday November 15, 2025 – EPGSA, 8:45AM in the Lincoln Theatre: GSR sharing on Questions 1-2
- Group discussion on inventory
 - Heather L. – Do you want to read the report out load?
 - Julie B. – suggests that it is long. We should read at home and discuss at the December meeting.
 - James O. – suggests that we just work together to tackle the questions. Also suggests that as a GSR, you should just pick out the information that would be important to your Home Group and report back to them.
 - Nicole G. – suggests that we can put a group together to discuss.
 - Elaine B. – says that Curt C. would be good to head the group and the help resolve the problems.
 - Miste D. – suggests that we go over 2 questions a month to resolve these issues.
 - Nicole P. agrees with Miste D. She stated that Intergroup did this and it worked well.
 - Meghan S. – thinks 2 questions a month might take forever. She would prefer something concise and solution based.
 - Elaine B. made a motion to create a new Ad-Hoc committee to develop an action plan on solutions to the Group Inventory. Miste D. 2nd the motion. By a show of hands the motion passed with substantial unanimity.
 - Eric L. wants to be part of the team.
 - Sandra K. & Nicole G. want to be part of the team
 - New Ad-Hoc Committee Action Plan for Solutions
 - Julie B.
 - Elaine B.
 - Miste D.
 - Nicole G.
 - Nicole P.
 - Lauren E.
 - Haley S.
 - James O.
 - They plan on meeting immediately after the D36 meeting to discuss contacting Curt C.

NEW BUSINESS

- **Tradition 11:** Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not to be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us. (**Ruth C.**)
- Craig Y. mentioned that the 1st quarterly meeting coming up in December will be in the Lancaster, PA area. Since all GSR's are required to attend at least one quarterly meeting in a year, he highly recommends this one since it is so close.

VOLUNTEERS

Concept 12: Mist D.

Tradition 12: Nicole P.

Julie B. made a motion to close the meeting and Mist D. 2nd the motion. By a show of hands, the motion was accepted with substantial unanimity.

Meeting ended: 7:42 PM

Next Meeting: December 8, 2025 at 6:30 PM

Closed with Responsibility Declaration: "I am responsible when anyone, anywhere, reaches out for help. I want the hand of A.A. always to be there. And for that – I am responsible."

Attachments:

- DCM Report
- ADCM Report
- Treasurer Report
- The Hershey Group 68th Anniversary Meeting
- GSO Forum Audio Stream Schedule
- Panel 75 District 36 Group Inventory
- New Meeting Wellsville Group # 1
- District Inventory Notes

District 36 Meeting Agenda
November 10, 2025
Zoom ID:714 4907 7606 PW:D36

- Close October's District 36 meeting
- Welcome to all who are present. "This Meeting of District 36 will now please come to order."
- We will open with the Declaration of Unity: "This we owe to A.A.'s future: To place our common welfare first; To keep our Fellowship united. For on A.A. Unity depend our lives, and the lives of those to come."
- Roll Call: Kim W. News from groups: summaries/actions
 - Name:
 - Home Group:
 - Position:
 - Summaries: (group announcements)
 - Guests:
- **Concept 11:** While the trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs and consultants. Therefore, the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.- (**Julie B.**)

Officer Reports:

- Secretary - Kim W.
- Treasurer - Nicole G.
- Officer at Large - Open Position
- ADCM -Angelo S.
- DCM - James O.

Subcommittee Reports:

- Archives - Mark W.
- Structure - Josh G.
- Workshop -
- Finance - Meghan S.
- Bridging The Gap - Tom A.
- Ad-Hoc District Split - Open Position

Liaison Reports:

- District 36 Archivist - Craig Y.
- District 36 Technology Coordinator - Heather L.
- Bridging The Gap Coordinator - Kristen P.
- District 36 Intergroup liaison - Misty D.
- Harrisburg Intergroup Liaison - Nicole P.

Old Business:

- Ad-Hoc district 36 group inventory recap
- EPGSA 11/15/2025 Saturday 8:45 am in the Lincoln Theatre: GSR sharing on Questions 1-2
- Group discussion on inventory

New Business:

- **Tradition 11:** Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not to be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us. (**Ruth C.**)

Volunteers:

- Tradition 12:
- Concept 12:

Next Meeting: December 8, 2025 at 6:30 PM

- Close with Responsibility Declaration: "I am responsible when anyone, anywhere, reaches out for help. I want the hand of A.A. always to be there. And for that – I am responsible."

DCM Report November 10,2025

In Attendance:

- October 25, 2025 - Area 59 Inventory. Area 59 Archives subcommittee inventory 1hr before Area 59 Inventory, 1601 Green Lane, West Chester, PA 19382. 9:00AM- 3:00 PM
- October 31, 2025 - Nooners in Hershey, 12PM meeting
- November 2, 2025 – 9AM-10 AM. Area 59 Archives subcommittee meeting by Zoom.
- November 8, 2025 – 10AM – 1:30 PM – District 36 Group Inventory St. Paul's Lutheran Church, 530 Bridge Street, New Cumberland, PA 17070
- November 9, 2025 - Spoke at Daystar as part of our Homegroup commitment to Harrisburg Area Intergroup and our primary purpose

Will Be Attending:

- November 14-16, 2025 – EPGSA, 2300 Lincoln Highway Hwy E, Lancaster, PA 17602 Log into area59@aa.org for more information
- December 5-7, 2025 - Northeast Regional Forum (NERF) audio broadcast. First of its kind experience go to area59aa.org and follow the prompts. It's FREE
- December 7, 2025 - Area59 subcommittee meeting Archives

What's News:

- NERAASA Hotel rooms are sold out. The Westin Portland Harborview is the new overflow Hotel. NERAASA.ORG and follow prompts for the hotel.
- We sent an email to all GSR's with what our delegate is looking for as there will be a sharing session specifically for GSR's and Homegroups. During our assembly at EPGSA there will be open sharing to get feedback from the GSRs/Groups on two questions related to the Founder's Literature on November 15, 2025 at 8:45AM – to approximately 11:20AM
 - What general process should we use to classify writings as Recovery, Service, or Archival/Historical? Who should determine the classification?
 - What literature do you consider to be in each category of Recovery, Service, or Archival/Historical?
- Motions can be submitted 1 week prior to the next District meeting to be added to the agenda dcmd36a59@gmail.com

Robert's Rules Of Order:

- Every month on the First Sunday @ 6:30pm until Dec 6, 2026, 20 occurrence(s) Meeting
ID: 870 2282 0237
Passcode: 991950
- +1 305 224 1968 US,,87022820237#,,, *991950# US
- +1 309 205 3325 US,,87022820237#,,, *991950# US
- A useful source for A.A. news, Box 4-5-9 is a quarterly newsletter from the U.S./Canada General Service Office. Free sign up with your name and e-mail

- We ask that you read our business meeting minutes prior to the next district meeting and submit any questions or corrections to Kim W. secretaryd36a59@gmail.com
- It is suggested to attend at least 1 quarterly area meeting a year.

GSR KIT

Helpful Links- Just click and go

[Safety Card for A.A. Groups | Alcoholics Anonymous](#)

[SMF-223 - FAQ on Practicing the Seventh Tradition at Virtual ...](#)

DISTRICT 36 STRUCTURE MANUAL

aa.Harrisburg.org

Grateful in Service,

James O., DCM, D36

dcmd36a59@gmail.com

ADCM REPORT
October 13, 2025 - November 9, 2025
Zoom ID: 714 4907 7806. Password D36

Attended:

- More will be Revealed Group, October 21, 2025. Luther Memorial Church, 1907 Hollywood Dr. York PA
- 40th Street Group, October 21, 2025 at Saint Catherine Church, 4000 Derry St. Harrisburg, PA
- Nooner at Hershey Group, November 3, 2025. Church of the Redeemer, 500 W. Chocolate Ave., Hershey PA
- Panel 75 District 36 Group Inventory, St. Paul Lutheran Church, 530 Bridge St. New Cumberland, PA.

Please Review

The 68th Annual Eastern Pennsylvania General Service Convention and Assembly (EPGSA). November 14-16, 2025, at the Wyndham Lancaster Resorts & Convention Center. 2300 Lincoln Highway E. Lancaster, PA. This year Area Officers and Area Committees will be reporting on their work to the Assembly. There will also be workshops, discussion panels and meetings. There will also be an open sharing to get feedback from **GSR's/ Groups** on two questions related to the **Founder's Literatures** on Saturday 10/15/2025. It's suggested that **GSR's** and AA group members attend. **Volunteers are Needed.** For more information go to area59aa.org and click on Events then Click on **EPGSA** and you will find registration forms, volunteer forms, hotel reservations and other pertinent information.

GSR's Please keep your home group information up to date. New GSR's/AGSR's can register as your new group GSR/AGSR by going to area59aa.org, clicking on Forms then Click on Group Changes Form, fill in requested information and click submit. It will ask you for your group number. It can be obtained by seeing the DCM after the meeting or from your Home group Treasurer. If any GSR/AGSR or any AA member has any questions about the responsibilities of your position please see me after the meeting.

New GSR's the AA Service Manual/ Twelve Concept for World Services is no longer included with the GSR kit. You can ask your home group to purchase it for you. You can also purchase it from Intergroup during the District meeting or Download it at aaharrisburg.org

Please remember to go over previous meeting minutes and submit any questions or changes to Kim W. (D-36 Secretary) secretaryd36a59@gmail.com
Submit any new motions at least a week prior to the next District meeting to (D36 DCM) at dcmd36a59@gmail.com

Please keep your home group informed about area59aa.org, aaharrisburg.org and aa.org
Any questions please feel free to see me after the meeting.

Thank you for your service,
Angelo S.
Trusted Servant

District 36

Treasurer's Financial Summary

10/1/25-10/31/25

Current Balance
- Outstanding
Available Funds
Prudent Reserve
End Balance

Nerassa Reimbursement Breakdown	
Flight	\$452.00
Mileage	\$85.54
Hotel	\$567.00
Hotel Parking	\$45.00
Registration	\$55.00
Meals	\$190.00
Total	\$1,394.54

District 36 Inventory

11/8/25

St. Paul's Evangelical Lutheran Church

New Cumberland, PA 17070

- James O., DCM D36, opened the meeting thanking the Ad Hoc District 36 Inventory committee.
- James O. read from The Language of the Heart, pg. 236 The Next Frontier Emotional Sobriety.
- James O. introduced the Recording Secretary, Lauren B., Area 59 Secretary, and the facilitator, Curt C., Past Area 59 Officer.
- Curt C. informed the group that he has previously been the DCM of District 36, has gone through District, Area, and individual inventories. The purpose of this is a fact finding mission. Keep comments brief and don't repeat comments that have already been presented. No voting will be conducted. Fact finding mission not finger pointing. Find out where things are going right and what can be done better.

1. Are all district groups represented? If not, how can we increase involvement?

- When ADCM, this was one of his responsibilities to visit inactive groups. Some are an hour or an hour and a half away from his home. He would reach out to Chair of the meeting or different members and ask if they had a GSR or would like to get involved. Groups said maybe they would try or they don't want anything to do with Area/District. All he can do is go and emulate what we do in the District. In Area, we are doing the same thing reaching out to inactive Districts.
- A lot of groups that don't come to District but will give a report. They will look at the minutes. Her AGSR went for her last month because she couldn't make it but she no longer has an AGSR. People come, hear what is said, and leave. They aren't holding responsibilities. She fulfills her responsibilities to the fullest by being involved in District committees.
- Has visited different groups. Problem is distance. Went to Schmokin. It is over an hour drive for them and on a weekday after work, they don't want to drive to Harrisburg to sit in a meeting until 8 – 8:30 and then go home and then go to work the next day. That is what they are saying to him. It is hard for them to go to district meetings on a work night. Some groups don't have GSRs and want to do their own thing. Biggest issue is too big of a district. Had been trying for years to split.
- Curt said it is 63 miles from one end to the other for District 36. Approx 68 registered groups in the District. 3rd highest in the Area. GSO recommends 22 groups per District. Zoom is available.
- Loves Zoom but had to do Zoom option last month and it sucked. Couldn't hear anything, only the DCM. Felt like she wasn't even at the meeting. Great option but not for her.
- Could get better speaker or more speakers so everyone can hear.
- Attended various business meetings on zoom and won't get better results with better speakers. People need to monitor chats and people need to say "they can't hear."
- At the District 45 and Intergroup meetings, they make speakers go up and sit in a chair for the zoom people so they can hear them. In person benefits as well with them being in front of the room.
- Newer to structure of AA. A lot of newcomers in his home group. Doesn't seem to be an awareness of how AA works and structure. He is so new himself. Need to build awareness and hopefully people will get involved.
- Goes back to primary purpose. Limiting themselves as a district. Maybe other groups don't have technology or capabilities to reach them. Need to get creative on doing

more outreach. Service is one of the 3 legacies and it is like a 3 legged barstool. Big part of her recovery. Assist GSRs with technology, email chain, mailers, etc. Explain benefits of being a GSR. Attraction not promotion. If we are disgruntled, no one will want to do this. People want to be a part of.

- Increase involvement – maybe rotation of meeting places and not being in the same place all the time.
- Changing the date that they meet if it would increase participation for those that are far.
- At the beginning of the panel, the Secretary sent out different emails to GSRs. In the emails are things concerning District. There was a GSR Orientation PowerPoint sent out. Reach out to DCM if you have any questions. A lot of emails are sent out that are pertinent. People aren't reading the emails. Multiple emails sent out. DCM also reaches out for questions at District meetings.
- Intergroup Liaison & Intergroup Unity Committee which reaches out to inactive groups. Created a 1 page handout to leave behind at the homegroups. Maybe we can do the same thing at the District level. 1 page handout to get them involved. Something tangible that can be brought to the homegroup.
- Appreciates the work. In this position, found that the emails are long and overwhelming. Needs to take solid time aside to review. Condensing some of the information received at all levels would be helpful.
- District hasn't had any workshops to get others involved outside of the homegroups.

2. In voting/elections, are we making informed decisions based on the 12 Traditions and the 12 Concepts?

- Last year was his 1st year to vote as GSR. Didn't know anyone he was voting for. He knew a couple of people by attending the Area meetings. Didn't know he was voting for these people. Was homegroup's first GSR in a long time and was overwhelmed. Followed suggestions given and went to Area meetings. Didn't know the people at all other than seeing them at Area meetings.
- When he was a GSR – Structure Manual says they should go to at least 1 Area Quarterly meeting a year to meet people. It is also good to go to Area Assemblies, SADs (Share A Days), etc. Those are 6 – 8 hour long days and that is demanding. District elections are a matter of who stands and if you know them. District Structure Manual has guidelines for officer positions.
- One Tradition that comes to mind is Tradition 2. Trusted servants not governing. When time to vote, she feels pressure from leadership to vote a certain way. Finds it inappropriate and like there is an agenda being pushed. Doesn't feel like Tradition 2 is being followed.
- Only 1 person stood for the positions and she doesn't have a problem voting no for the 1 person. Having multiple nominees is imperative.
- Taking politics out of it is very difficult. Lot of respect for those that step up.
- Not knowing who we are voting for. In October, they ask who wants to stand for the position. Then you don't see them until November when voting. They take over in December or January and don't get to know them. See them once a month at District meeting. If only 1 standing, feel like they have to vote for them. Need more interaction.

3. Should increasing or decreasing our prudent reserve be considered? If so, what period of time would be ideal?

- a) Are the funds being spent prudently?
 - b) Do we have an effective system for the accounting and reporting of funds?
 - c) Is there transparency with how District funds are being spent?
-
- Point of clarity – What is the prudent reserve.? Treasurer explained \$1,500 is the prudent reserve.
 - Not sure where \$1,500 prudent reserve came from. She created a spreadsheet to see what the number was made from. Looks like it was pulled out of the air. Wondered what would a 6 month, 9 month, 12 months, etc. prudent reserve look like.

- Is it in the bylaws? No. For transparency, is it on the website? Yes.
- Getting on the right track for getting a system for accounting. Voted on this panel to have reimbursement form. There have been many talks about transparency in how funds are being spent. Maybe more to explore about how to be more transparent with spending.
- Lauren (Recording Secretary) - \$1,500 prudent reserve in District 24. Looked into the prudent reserve last panel and found that the bank required that amount at all times, otherwise would be subject to fees.
- Spoke with DCM from last panel and DCM James. DCM funds increased significantly this panel and important for DCM to attend events. Trips all over Eastern PA. He is the voice for the group and it is important for the District voice to be heard.
- The issue is not if the DCM should be reimbursed. It is in the bylaws. It is the procedure for requesting reimbursement. Have to provide certain things for documentation.
- What is a prudent reserve? Why do we need it? What is the goal and why is that there? – Curt C. answered that GSO recommends that we keep a prudent reserve (cash available for hard times in case of emergencies). GSO used to recommend 80%. GSO rarely has the prudent reserve they recommend. District 36 is a wealthy district. May want to consider $\frac{3}{4}$ of the annual expenses. During COVID, some groups had to rely on prudent reserves. Some haven't used prudent reserve in years. Don't want more money than needed.
- Some transparency has been a little bit of an issue. Biggest thing is it is difficult to have discussions on it. Documentation and money are straight forward and there is a lot of resistance, defensiveness, and not open to having conversations. Very difficult. Would like to see it as more of a collaboration. Basic accounting and reporting that needs to happen. Better communication.
- Every month in DCM report, has at the top where he is traveling to. The information is on that report. Anything concerning money that is over a certain amount, it is brought up to GSRs in the District meeting and discussion is had on it. It is what groups decide. District 36 follows Area 59 operations. DCM is a trusted servant. Has no problem filing mileage. Mapquest is not accurate. More than happy to do what the District asks him to do.
- Curt – Transparency – Effective Treasurer's Report that is also available online. Become knowledgeable about it.
- Have a facilitator at monthly meetings? The inventory has been going well. Curt said this is beyond the scope and unheard-of. Curt discussed the 12 Concepts and told the District to become familiar with them.
- Reports have become accurate and then discussion. Takes vote and then that's it. Find reports valuable.
- Reports can only be as accurate as the information / documentation provided to her. Question is how transparent is everything compiled to go into the report. Unwillingness to be fully transparent.
- Curt – Seek transparency on money.
- Few months back they were close to prudent reserve. Asked homegroups for more contributions. People heard how hostile and toxic district meetings have been about money and travel and documentation not being submitted. Becomes difficult for her to advocate for district contributions.
- Curt – There is work to do. There are 36 principles. Which is the most important? Tradition 1 – If we don't stick together, we die (unity).
- Asked about the inventory. What is the process for solutions? Curt answered he would have liked to see a subcommittee (inventory action committee). Question is do you want to make actionable what we talked about today?

Break.

4. Do you understand your role as a GSR? If not, how can our district officers and committees help? Has enough effort been made to explain to all, the value and purpose of a GSR?

- There isn't a full awareness of what the GSR does. Learn on the fly. Should get in front of that and build awareness. Can also get people interested in getting involved. There was a slide deck for GSR Orientation – share more often and frequently. Would be beneficial.
- Curt – showed the GSR pamphlet that is located in the racks. This will answer questions on what the role of a GSR is. Also showed Circles of Love and Service and Your DCM pamphlets.
- Can find that information on Area59aa.org. All the information is available on the website.
- When she became GSR, she was scared. Tried it and got the GSR kit from GSO and has those pamphlets Curt showed. For her, she found that going to the meetings and listening and learning helped. Had a great person to follow. If there is someone there to show them the ropes, it is very helpful.
- Late to the game on becoming GSR. How to get a GSR Kit? District will get her one.
- Found that most want to help but don't know how. Many barriers to that. Has a Sponsor who has been involved in General Service and encouraged her to get a Service Sponsor. Huge knowledge gap of people involved in General Service and new people filtering in. Doesn't understand acronyms, abbreviations, structure. Upside triangle is foreign to her. Different ways to tackle such as mentorship, ADCM and DCMs having informational sessions, Intergroup & District can collaborate and provide education. Doesn't believe there has been enough effort. Intent but no action. Lots of opportunity to capture that. Education to keep people active in structure and service.
- Hasn't been told to look something up. Asked Past DCM about something and they rambled for 20 minutes and she didn't understand. She now understands basics and upside down triangle. Takes a lot and there are lots of different aspects. Each person has different experiences and knowledge. Crash course may not be beneficial for everyone. District officers can help by GSRs asking them for help.
- Access – who do go to and who to ask? Who held the positions? Depending on who you know, you have more access. Overall Orientation may be helpful. Not looking for more homework. Doesn't have time to read all the information.
- Curt – Emphasized Service Sponsorship. GSR position is critical.

5. Do you understand the role of the district officers... Treasurer, Secretary, ADCM, DCM, etc.?

- a) Do you think the duties are being met?
- b) Are district officers picked with care and consideration?
- Understands what they have to do if it is not an acronym. Newer. ADCM & DCM does not understand. Secretary & Treasurer speaks for itself.
 - Can find that information on website, District Structure Manual (which was just passed last month and available on the website).
- There are also videos as well for GSR that could be more helpful than reading.
- Appreciates that we have to read this stuff. Would be helpful if someone says they don't understand something that someone takes the time out to explain it. Doesn't seem like unity if told just to read it.
- Curt – Showed Area 59 map and all the Districts.
- The map would be helpful for the homegroup to explain the structure, as well as the triangle. Curt and Lauren discussed Area Structure Subcommittee will have them available, as well as they will be available at EPGSA and online.
- New people come to the meeting, is there an Orientation? He was new in sobriety (2 years) and he was on a steering committee in Pittsburgh and they took them aside to go over everything. Curt explained that this is outside the scope of the question. Said having an Orientation would assist with understanding who stands for the positions. If you want one, you can have one.
- Some workshop at the beginning of the year for rotation to explain to GSRs what they do.

6. Are District meetings:

a) Informative, enthusiastic?

- For some positions, there are very detailed and informative reports read word for word. That doesn't lend to enthusiasm. Boggled down by unnecessary details, such as dates, times, addresses. Paraphrase since there isn't a lot of time. Shorter reports to have more time to discuss questions / concerns.
- Adds additional information in the reports for what is new.
- Believes they are informative. Could be more enthusiastic and positive energy brought to the meeting.
- She types out a page or page in a half for her group meeting report but only touches on a few topics to discuss verbally. Says if interested, review the GSR report or see her. Doesn't need to touch on every point.
- If not clearly outlined what takeaway points are, it is left to each GSR to determine what is the most important. Incredibly informative reports.

b) Encouraging of group participation?

- No.
- No. Anytime that she tries to speak, she is interrupted. Doesn't feel respected or safe to share her opinion.
- Consensus that members feel like they are not being heard. Worthy of looking into.

c) A space where everyone feels respected, equal, and safe to voice opinions?

- Respected jumps out to her. She has been around over 2 years. Have done things and was given a second chance. Still growing. Not a lot of chances for redemption in District. Need to grow and work with people regardless of personalities. Sets boundaries and know when to walk away. Prayer break or breath of air break. Lot of grudges happening before she even became a GSR. Second chances help people grow in AA.
- Curt – If we all work on unity, things get better. Have responsibility to work on things but unity as our foundation. Issue here and wonderful opportunity for a group of people to work on this.
- Q-TIP – Quit Taking It Personally. Working on that and it is tough.
- Districts that eat together, stay together. Fellowship and spend time outside district meeting.

d) Following principles?

- Curt – GSRs are the keepers of the 12 Traditions. That is the unity part of the 3 legged triangle. Learn, practice, and take back to homegroups. Tradition 1 principle is Unity. Are the meetings being operated with Unity? No. Trusted Servants? Slipping there. Autonomy? Slipping possibly.
- No they are not people agree.
- In her homegroup, they were talking about District. Elder Statesman said Tradition 4 – what is affecting things in District is now going back and affecting the Homegroup.

7. Are District meetings being run effectively? If not, how would you like to see the structure of the meetings changed?

- Always going to be inefficiencies. We are all human. Have been in meetings where homegroup chair has been all over the place. Can't be too by the book and structured. Will lose enthusiasm. Fine line.
- Asks for motions a week prior to the business meeting. DCM has done a great job with bringing stuff to the groups and giving them a month time before he needs to bring to Area. If new business comes up that is not Area, she would like to see it before the meeting so she can talk to others with experience. Wants to talk to people before making decisions. Would like to see agenda prior to the day of the meeting. Wants to run it past people before making a decision.
- Found zoom connections to be good and helpful.

- a) Would you like to see the agenda prior to the day of the meeting?
- See response above.
- b) Is the business presented to the District made clear to allow for informed voting?
- See response above.
- c) Are there ways we can condense information or change the format to allow more time for critical issues?
- Format for the meeting is in the District 36 Structure Manual. Follow it or change Structure Manual.
 - Right now, goes DCM, ADCM, Sec, Treasury, Lots of No Reports, New Business, Old Business, and then close. Spend a lot of time saying No Report, Haven't met yet, or No Changes. Not helpful.
 - Curt – What if you don't ask and there is a report from those committees?
 - In the Structure Manual and following previous panel. If we don't ask if there is a report, how would we know? It won't be brought back to GSRs if there is a report and we don't ask. Doesn't find that this is the reason that is taking that much time in the meeting. There are issues that need to be taken care of. Here to listen to the groups. It will take time because they will want to explain what their group's conscience is. Sometimes the issue may be some reports are longer than they have to be. Maybe touching on things that are not relevant. Can put on paper and let GSRs read it and take to groups. Can do better on cutting back on reports. Not singling out anyone – saying in general for all reports to be condensed.
- d) Are new motions entertained during new business? If not, do you know the process by which to appeal that decision?
- First time they see new business is at the District meeting. Curt explained that GSRs have the option to delay new business.
 - Not sure when motions are allowed to be brought up. When can she make a motion? Needs more information on the motion process. Can talk to District officer about that.
 - No.
 - States in Structure Manual that new motions should be sent to DCM 1 week prior to the meeting via email. Any motions sent to the email are brought up at next district meeting for new business.
 - There have been instances where motions have been submitted and there has been pushback. Not entertaining, not agreeing with the motion. The motion followed the process. All this friction with submitting the motion and not being discussed. Curt discussed Robert's Rules motion to override the Chairperson's decision. Discussed the upside-down triangle.
 - How do you use motion to override when motion was submitted, denied, and they feel that it should have been entertained? Curt raised his hand (to demonstrate raising hand at business meetings to bring up new business to override Chairperson). As a GSR, they have a right to raise their hands, override the Chairperson, and bring up the motion that was previously denied.
 - Concern about what to do in this situation and denied with hostility and then no explaining the intention from coming from a good place, motion not worded properly, etc.? How can we have an open conversation knowing intention is to be helpful?
 - Way to construct motion submitting process for vetting. Some kind of Form saying why they are submitting the motion and how it will be helpful.
 - Everyone agreed that there is an issue here and there is a way to resolve it.
- e) Do you have any concerns or suggestions that were not already mentioned?
- A lot of committees that don't have a committee chair in the District. Worth discussing on how to better engage with the district.
 - Having the committees on the agenda alerted him to know that those committees existed. If there is a vacancy or no activity, it keeps that awareness that the

committees exist.

- Concern she doesn't have the emotional or psychological bandwidth to be around an argument from every standpoint for every topic. Participating in this process is taxing for her.

8. Are all important decisions reached by discussion, vote, and whenever possible, substantial unanimity (2/3 majority)?

- In the Structure Manual, it says all motions require substantial unanimity. All motions are met with second, discussion, vote.
- There is discussion and then discussion is refuted by a rebuttal. Interrupting, undermining. Need to do better job with respect collectively.
- Curt explained Robert Rules – Motion, Second, Discussion (only the motion, not arguing), Vote. Can call "Point of Order" when comment is diverging from topic. Polite way to exercise it when needed.
- Can a Robert's Rules cheat sheet be added to GSR Kit? – Curt explained that GSR Kit comes from GSO. District can put it on the District website or can hand it out at meeting. James also covers Robert's Rules at the District meeting. Minority Opinion is unique to AA (part of the Concepts).
- Can we as GSRs do this at our homegroups? Curt said they can if they want to. Member mentioned her homegroup follows it. Curt's homegroup follows it loosely.
- a) Is adequate opportunity given to all members to participate and speak, in order to arrive at the actual voice and effective conscience of the District?
 - See response above.

9. Are there any topics that have not been mentioned that you would like to discuss?

- Wasn't too optimistic about this process. Learned more about herself and how she can take responsibility & accountability. Grateful to everyone here.
- Realized that she has a lot of work to do on herself. Thankful and grateful for that. Would love for more people to be here to experience this. Every mistake she makes is a huge learning experience.

- James O., DCM D36, thanked everyone for coming and sharing their thoughts.
- Meeting closed at 1:25pm with the Declaration of Unity.

Your General Service Office is thrilled to announce a groundbreaking opportunity at the 2025 Northeast Regional Forum—registration is now OPEN for our pilot live broadcast listening-only option! This is the first time we're offering this innovative experience, and we want YOU to be part of it.

For the first time ever, we're offering a free live broadcast listening-only option for this year's Regional Forums. This pilot program will allow members who can't attend in person to listen in to all the valuable sessions happening in the Main Ballroom. Whether you're at home, in your group, or with your district or area committee, you can still stay connected and gain insights from the forum's sessions.

Forum Audio Stream Schedule:

Friday, December 5 Session: 6:30 p.m. EST – 9:30 p.m. EST

Saturday, December 6 Session: 9:00 a.m. EST – 12:30 p.m. EST/2:00 PM EST – 5:30
EST/ 7:30 p.m. - 9:30 p.m. EST

Sunday, December 7 Session: 9:00 a.m. EST – 12:00 p.m. EST

**** An AI-powered interpretation tool will be utilized during the event.***

Why Register for the Listening-Only Option?

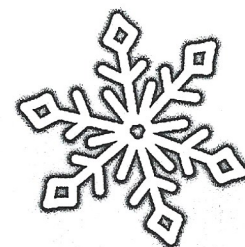
- **A First-of-Its-Kind Experience:** Be part of the inaugural live broadcast listening-only program—help us shape the future of Regional Forums!
- **Convenient Access:** Tune in remotely and connect with your sponsees, home group, district, or area committee as you listen to important discussions.
- **Stay Informed:** Even if you can't participate in person, you'll have access to essential information and updates shared at the forum.

Register today to secure your spot and experience this new listening-only format!

Votre Bureau des Services généraux est ravi d'annoncer un élément novateur au Forum territorial du Nord-est 2025: une option pilote de diffusion en direct (de l'audio uniquement) — l'inscription est désormais ouverte. C'est la première fois que nous proposons ce format innovant et nous voulons que VOUS en fassiez partie.



The Hershey Group



Doors Open: 5:00 pm
Dinner: 5:30 pm
Meeting: 7:00 pm
Speaker: 7:30 pm

Speaker:
Debbie T.
Harrisburg Women's
Big Book Study Group

68th Anniversary

Join Us For Fellowship

Saturday December 13, 2025

Derry Presbyterian Church

E Derry Rd & Mansion Rd, Hershey, PA

Desserts and side dishes welcome.

7th Tradition funds will not be used. Dinner plate
contributions will be accepted with gratitude

Panel 75 District 36 Group Inventory

St. Paul Lutheran Church

530 Bridge St.

New Cumberland, PA 17070

11/08/2025 10:00 am Good morning and welcome to District 36 group inventory. My name is James and I am a Recovered member of Alcoholics Anonymous. Housekeeping items mens and ladies restroom ,Refreshments are at the counter. Please dispose of your trash in the garbage cans. We would like to acknowledge and thank District 36's Ad-Hoc group inventory committee for the inventory questions and setting up the Facility. Would the Ad-Hoc District 36 Inventory committee members Please stand or raise your hand.

The Next Frontier Emotional Sobriety pg.236

In the Language Of The Heart, the next frontier is emotional sobriety. Many of us came into recovery broken,afraid,and desperate to stop the pain.Our first miracle was physical sobriety-the ability to put down what was destroying us. But soon we discovered that the real challenge wasn't just staying sober; it was learning how to live,how to feel, and how to love without running away.Emotional sobriety is that next frontier. It's where recovery moves from the outside in — from behavior to the heart. It's about how we handle life when it doesn't go our way. It's about our ability to sit with discomfort without judgment, to face truth without resentment, and to respond with grace rather than reaction.

In this place, we begin to see that our emotions are not our enemies. They are messages from within, inviting us to deeper honesty and humility. Fear asks us to seek faith. Anger calls for boundaries and understanding. Sadness reminds us of our capacity to love. Joy reminds us to be grateful. When we can feel all of it without losing our balance, we begin to experience serenity.Emotional sobriety doesn't mean we don't get upset, jealous, or afraid — it means we can notice those feelings without being consumed by them. We pause. We pray. We talk to someone safe. We remember that we are not alone. Slowly, our reactions become responses; our impulses become choices.

This is the heart's work. It's spiritual growth in action — the courage to stay present, to forgive, and to love ourselves and others as imperfect human beings. The Big Book calls it "the proper use of the will," and the Twelve and Twelve calls it "a quiet place in the heart where we can stand."

Today, emotional sobriety is my goal — to live in peace even when life is not peaceful, to love without demand, to be honest without cruelty, to trust without proof. This, for me, is recovery at its deepest level — the language of the heart made real in daily life.

We would like to introduce our Recording Secretary Lauren B. Area 59 Secretary. Our Facilitator Curt C. Past Area 59 Officer. And we now turn the inventory over to Curt C.

Close with A Declaration Of Unity:

THIS WE OWE TO A.A.'S FUTURE: TO PLACE OUR COMMON WELFARE FIRST; TO KEEP OUR FELLOWSHIP UNITED. FOR ON A.A. UNITY DEPENDS OUR LIVES, AND THE LIVES OF THOSE TO COME

1. Are all district groups represented? If not, how can we increase involvement?
2. In voting/elections, are we making informed decisions based on the 12 Traditions and 12 Concepts?
3. Should increasing or decreasing our prudent reserve be considered? If so, what period of time would be ideal?
 - a. Are funds being spent prudently?
 - b. Do we have an effective system for the accounting and reporting of funds?
 - c. Is there transparency with how District funds are being spent?
4. Do you understand your role as a GSR? If not, how can our district officers and committees help? Has enough effort been made to explain to all, the value and purpose of a GSR?
5. Do you understand the role of the district officers... Treasurer, Secretary, ADCM, DCM, etc.?
 - a. Do you think the duties are being met?
 - b. Are District officers picked with care and consideration?
6. Are District meetings:
 - a. Informative, enthusiastic?
 - b. Encouraging of group participation?
 - c. A space where everyone feels respected, equal, and safe to voice opinions?
 - d. Following the principles?
7. Are District meetings being run effectively? If not, how would you like to see the structure of the meetings changed?
 - a. Would you like to see the agenda prior to the day of the meeting?
 - b. Is the business presented to the District made clear to allow for informed voting?
 - c. Are there ways we can condense information or change the format to allow more time for critical issues?
 - d. Are new motions entertained during new business? If not, do you know the process by which to appeal that decision?
 - e. Do you have any concerns or suggestions that were not already mentioned?
8. Are all important decisions reached by discussion, vote, and, whenever possible, substantial unanimity (2/3 majority)?
 - a. Is adequate opportunity given to all members to participate and speak, in order to arrive at the actual voice and effective conscience of the District?
9. Are there any topics that have not been mentioned that you would like to discuss?

New Meeting starting 14 Nov !!!

Wellsville Group #1

Friday nights at 7pm

**Mt Airy Church, 2020 Pinetown Rd,
Lewisberry, PA 17339**

Our Format will be:

1st Friday = Step of the month in 12x12

2nd Friday = Tradition of the month in 12x12

3rd Friday = Big Book

4th Friday = Living Sober

5th Friday = Open Discussion