

DISTRICT 36 MONTHLY GROUP CONSCIENCE MEETING

OCTOBER 13, 2025

Attendance: Sandy K. (GSR) 19th Street, Tom A. (GSR) As Bill Sees It, Lauren E. (GSR) Big Book East, Ruth C. (GSR) Big Book West, Carolyn W. (GSR) Carlisle Women's BB Study, Julie B. (GSR) Dillsburg Group, Heather L. (GSR & Technology Coordinator) Harrisburg Area Women's BB Study Group, Chris P. (GSR) Hershey Group, Mark W. (GSR) Hershey Nooner, Matt M. (GSR) Out of The Dark, Elaine B. (GSR) Set Aside Meeting, Craig Y. (Archivist) Some Are Sicker than Others, Miste D. (GSR, D36 Intergroup Liaison) There is a Solution, Eric L. (GSR) Vision For You, Nicole G. (Treasurer), Cam D. (AGSR) and Nicole P. (Intergroup Liaison) Young People's Group, Angelo S. (ADCM), James O. (DCM), Paul M. (Panel 67 Past Delegate)

Meeting Opened: 6:30 PM with Declaration of Unity

Introductions/News from Groups- Kim W.

Summaries

- Josh G. (West Shore Area Group) – Saturday November 22, 2025 – Friendsgiving Potluck 12-4PM with Speaker Mike at 2:00 PM. Bring your favorite dish or dessert to share. Turkey, stuffing, potatoes and green beans will be provided. 442 Hummel Ave., Lemoyne, PA. Contact Josh G. for more information: 223-231-8399
- **Monthly Tradition 10:** (Long Form) No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues----particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever. **(Tom A.)**

OFFICER'S REPORTS

- **Secretary Kim W.**
 - The October draft minutes will be sent out to everyone within 14 days which is required as per the Structure guidelines.
 - September's final minutes and associated files will be sent to Judy for uploading on the D36 website within 1 week from today.
 - There were 2 corrections for the September minutes
 - Under Liaison Reports, D36 Intergroup, Miste mentioned that her report was from September not August
 - Under New Business- NERAASA bullet point, District will only pay for 3 nights stay so that cost was changed to \$567.00. The meals was changed to 3 days at a cost of \$135. Both costs are underlined in the revised minutes.
- Nicole G. made a motion to accept the September minutes and Craig P. 2nd the motion. Motion passed with substantial unanimity.

- **Treasurer Nicole G.**
 - See Treasurer report
 - We are currently operating above Prudent Reserve
 - James O. asked to have the * item at the bottom of the table removed from the Treasurer report. Ruth C. made a motion to have the item removed and Julie B. 2nd the motion. The motion passed with substantial unanimity.
 - Ruth C. made a motion to accept the treasurer report and Julie B. 2nd the motion. The motion passed with substantial unanimity.
- **Officer-at-Large (OAL)**
 - Position is open
- **ADCM Angelo S.**
 - Important Take Aways!
 - The 68th EPGSA is scheduled for November 14-16, 2025 at the Wyndham Lancaster Resort & Convention Center, 2300 Lincoln Highway West, Lancaster, PA. This year Area officers and Area committees report on their work to the Assembly. There will also be workshops, discussion panels and meetings. For more information, go to area59aa.org and click on Events and you will find the registration form, hotel reservations, and volunteer form and lots of other information.
 - GSR's please familiarize yourself with the D36 Structure Manual.
 - See ADCM report
- **DCM James O.**
 - Important Take Aways!
 - The accessible font motion passed and the P.A.I. Pass It On, and The Good Old Timers from District 51 passed. Discussion - Could we have a vote by show of hands if we want all future written correspondence in District 36 meetings minimum 12pts or higher and in a serif font ? The DCM report and Agenda are in a Times New Roman 14 pt font. The Treasurers Report is in a 10 pt, font
 - By a show of hands, the group voted to have our reports in Times New Roman, 12 font and the Treasurer Report in times New Roman in 10 font. The motion passed with substantial unanimity.
 - We sent an email to all GSR's with what our delegate is looking for as there will be a sharing session specifically for GSR's and Homegroups. During our assembly at EPGSA there will be open sharing to get feedback from the GSRs/Groups on two questions related to the Founder's Literature. This will be on October 15, 2025 from 8:45 to approximately 11:20 AM.
 - What general process should we use to classify writings as Recovery, Service, or Archival/Historical? Who should determine the classification.
 - What literature do you consider to be in each category of Recovery, Service, or Archival/Historical?
 - See DCM Report

SUBCOMMITTEE REPORTS

- **Archives** - Mark W. (Chair)
 - No report
- **Structure** – Josh G. (Chair)
 - No report. Not present.
- **Workshop** –Heather L.
 - This committee will meet in the next couple of weeks. James O. asked if the committee would like the workshop materials that he has stored at his house. Heather responded yes and stated that James O. could give the materials to Elaine L. and she will get the materials to Heather L.
- **Finance** – Megan S. (Chair)
 - Megan not present. Nicole mentioned that expenses of \$500 or greater should be approved in advance prior to purchasing anything. James stated that the \$500 does NOT include the DCM travel. The \$500 is for committee spending. James O. also mentioned that if the finance committee has any questions concerning expenses, they should reach out and contact Jen from Area 59.
- **BTG** –
 - No report. Tom A. did have a phone conversation with Kristen on 10/13/2025.
- **Ad-Hoc District Split – Open position**
 - Position remains open.
 - James O. entertained the thought of removing the Ad-Hoc committee from the agenda. Elaine B. made a motion to remove the Ad-Hoc committee from the agenda and Julie B. 2nd the motion. A discussion followed. By a show of hands, the vote was split equally. It was decided to leave the Ad-Hoc committee on the agenda.

LIAISON REPORTS

District 36 Archivist – Craig Y.

- No report

District 36 Technology Coordinator – Heather L.

- No report

Bridging the Gap (BTG) – Kristen P.

- Kristen was not present. Tom stated that there were no contacts in September

District 36 Intergroup – Miste D.

- Miste did her report at the October meeting

Harrisburg Intergroup – Nicole P.

- Chili Cook-Off, Sunday October 19, 2025, Lykens Glen Park, 17048
 - Set-up at 11:00 AM
 - 12:01 PM Judging
 - 1:30 PM Serenity Hike & Meeting
 - Alternate meeting @ 1:45 PM in pavilion
- *** If you not bringing Chili, please bring a side or dessert to share!
- Intergroup is looking for Chair program selection, especially for Literature and Unity committee for 2026

OLD BUSINESS

- By a show of hands we voted to approve all changes to the 7th Edition of the D36 Structure Manual. It passed with substantial unanimity.
- The Ad-Hoc Group Inventory Committee made a motion to request \$200 for the Group Inventory with \$150 for food and \$50 for the church rental. By a show of hands we voted and the motion passed with substantial unanimity.
- **Reminder: District 36 Inventory Question Submission Deadline** All responses to the District 36 inventory questions must be submitted to the Recording Secretary by the Ad-Hoc District 36 inventory committee no later than October 31, 2025. Submissions received after this date will not be included in the final compilation of answers. Please ensure your responses are submitted on time to be a part of the inventory process. The Secretary will compile all of the answers and send them to the DCM of District 36 which will then be distributed and reviewed at the District 36 meetings. We may consider bringing in a mediator to help address the inventory questions for District 36. This could help ensure a fair and neutral resolution to any outstanding concerns. Which we will address at next month's District 36 meeting.
 - Elaine B. asked if flyers were copied and placed on the desk. They were not so Angelo made copies and placed them on the table for distribution
- We would like to ask the Ad-Hoc inventory subcommittee to give a brief recap of their experience through the inventory process at our next District 36 meeting. The ad-hoc District 36 group inventory will be officially dissolved on **November 10, 2025**. We would like to extend our sincere gratitude to all the members of the subcommittee for their time, dedication, and effort. Your hard work has been instrumental in bringing this project to completion. With the successful fulfillment of its responsibilities, the subcommittee tasks are now complete.
 - Elaine B. has volunteered to put a report together for the November D36 Meeting.
- **NERAASA Breakdown for the Booked Itinerary**
 - If James O. drove 1,102 miles=\$517.94
 - American Airlines Business/First Class \$547.17. Roundtrip Tickets were booked July 21, 2025
 - Hotel was Booked August 15, 2025
 - PHL to PWM \$452.00 Roundtrip coach
 - Home to and from Airport 174 miles. Airport to and from Hotel 8 miles roundtrip \$85.54 (Estimated)
 - Hotel 3 nights at \$189.00 a night=\$567.00 +taxes and fees
 - Parking at hotel \$15.00 a day x 3 =\$45.00
 - Registration \$55.00
 - Friday Dinner \$61.00 + Saturday Lunch \$47.00 + Saturday Dinner \$82.00
 - For a total= \$1,394.54 This will be my 3rd NERAASA. Attending Roundtables and Discussions, Business meeting

I have been in contact with past District 36 DCM and Past Delegate to clarify the paid expenses. It was explained to me that all expenses will be covered, as I will be attending the event as a representative of District 36.

After a brief discussion, by a show of hands to approve the travel expenses for the DCM to travel to NERAASA in 2026, it passed with substantial unanimity.

NEW BUSINESS

- Craig Y. made a motion that we contribute \$100 to the hospitality suite at EPGSA this year and Julie B. 2nd the motion. This has been a tradition for several years now. By a show of hands the motion passed with substantial unanimity.
- Louis J. is resigning his position as Officer-At-Large. That position is now open if anyone chooses to stand for it.
 - James O. asked if anyone wanted to stand for this position. No one stood at this time.

Guest Speaker

- Paul M. 2017-2018 panel 67 Past Delegate will share on any EPGSA questions
 - James O. asked for a show of hands to allow Paul M. to speak about EPGSA 2025 to our group. It passed with substantial unanimity.
 - Important Take Aways from Paul's presentation
 - Paul M. explained why it is important to attend EPGSA. The most important reason is to bring important information back to your home groups so they are informed about what is happening in Area 59.
 - This is the only time to get together with Area 59 officers and interact with them.
 - If you signed up to volunteer, you should receive an email approximately one week prior to EPGSA to inform you of your times and locations to volunteer.
 - GSR orientation on Friday night is a very important event to attend especially if you are a NEW GSR.
- **Concept 10:** (Long Form): Every service responsibility should be matched by an equal service authority— the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws. (**Heather L.**)

VOLUNTEERS

Tradition 11: Ruth C.

Concept 11: Julie B.

Meeting ended: 8:02 PM

Next Meeting: November 10, 2025 at 6:30 PM

Closed with Responsibility Declaration: "I am responsible when anyone, anywhere, reaches out for help. I want the hand of A.A. always to be there. And for that – I am responsible."

Attachments:

- DCM Report
- ADCM Report
- Treasurer Report
- EPGSA & GSR/Group Feedback

- AA Grapevine, Inc.
- Area 59 Inventory Event
- Archives Corner
- NERAASA 2026 Program Schedule
- District 36 Group Inventory flyer

District 36 Meeting Agenda
Monday October 13th, 2025
Zoom ID:714 4907 7606 PW:D36

- Welcome to all who are present. "This Meeting of District 36 will now please come to order."
- We will open with the Declaration of Unity: "This we owe to A.A.'s future: To place our common welfare first; To keep our Fellowship united. For on A.A. Unity depend our lives, and the lives of those to come."
- Roll Call: Kim W. News from groups: summaries/actions
 - Name:
 - Home Group:
 - Position:
 - Summaries: (group announcements)
 - Actions: (items groups want discussed)
 - Guests:
- Tradition 10: Tom A. No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues — particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever

Officers Reports:

- Secretary- Kim W.
- Treasurer- Nicole G.
- Officer at Large- Open Position
- A.D.C.M.-Angelo S.
- D.C.M. James O.

Subcommittee Reports:

- Archives: Mark W.
- Structure: Josh G.
- Workshop:
- Finance: Meghan S.
- Bridging The Gap:
- Ad-Hoc District Split:

Liaison Reports:

- District 36 Archivist: Craig Y.
- District 36 Technology Coordinator: Heather L.
- Bridging The Gap Coordinator: Kristen P.
- District 36 Intergroup liaison: Misty D.

- Harrisburg Intergroup Liaison: Nicole P.

Old Business:

- Vote on Revisions to the 7th Edition District 36 Structure Manual
- Motion for the Ad-Hoc District 36 Inventory committee. The Ad-Hoc inventory committee is requesting a total of \$200.00, specifically allocating \$150.00 for food and setup, and \$50.00 for the church rental for our group inventory.
- **Reminder: District 36 Inventory Question Submission Deadline** All responses to the District 36 inventory questions must be submitted to the Recording Secretary by the Ad-Hoc District 36 inventory committee no later than October 31st, 2025. Submissions received after this date will not be included in the final compilation of answers. Please ensure your responses are submitted on time to be a part of the inventory process. The Secretary will compile all of the answers and send them to the DCM of District 36 which will then be distributed and reviewed at the District 36 meetings. We may consider bringing in a mediator to help address the inventory questions for District 36. This could help ensure a fair and neutral resolution to any outstanding concerns. Which we will address at next month's District 36 meeting.
- We would like to ask the Ad-Hoc inventory subcommittee to give a brief recap of their experience through the inventory process at our next District 36 meeting. The ad-hoc District 36 group inventory will be officially dissolved on **November 10, 2025**. We would like to extend our sincere gratitude to all the members of the subcommittee for their time, dedication, and effort. Your hard work has been instrumental in bringing this project to completion. With the successful fulfillment of its responsibilities, the subcommittee tasks are now complete.
- NERAASA Breakdown for the **Booked Itinerary**
- . If I drove 1,102 miles = \$517.94
- American Airlines Business/First \$547.17 Roundtrip Tickets were booked July/21/2025
- Hotel was Booked August 15/2025
 1. PHL to PWM \$452.00 Roundtrip coach
 2. Home to and from Airport 174 miles Airport to and from Hotel 8 miles roundtrip \$85.54 (Estimated)
 3. Hotel 3 nights at \$189.00 a night = \$567.00 + taxes and fees
 4. Parking at hotel \$15.00 a day x 3 = \$45.00
 5. Registration \$55.00
 6. Friday Dinner \$61.00 + Saturday Lunch \$47.00 + Saturday Dinner \$82.00
 7. For a total = \$1,394.54 This will be my 3rd Neraasa. Attending Roundtables and Discussions, Business meeting

I have been in contact with past district 36 D.C.M. and Past Delegate to clarify the paid expenses. It was explained to me that all expenses will be covered, as I will be attending the event as a representative of District 36.

New Business:

- Motion that we contribute \$100 to the hospitality suite at EPGSA this year.
- Luis J. is resigning as Officer at Large. That position is now open if anyone chooses to stand for it.

Guest Speaker :

- Paul M. 2017-2018 panel 67 Past Delegate will share on any E.P.G.S.A. questions
- Concept 10: Heather L. Every service responsibility should be matched by an equal service authority — the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws.

Volunteers:

- Tradition 11:
- Concept 11:

Next Meeting :November 10th, 2025 at 6:30 PM

- Close with Responsibility Declaration: “I am responsible when anyone, anywhere, reaches out for help. I want the hand of A.A. always to be there. And for that – I am responsible.”

D.C.M. Report

Monday October 13th,2025

In Attendance:

- 09/14/2025 - Archives Subcommittee meeting at 9:30 AM, Bensalem Senior Citizens Associates, Bensalem, PA
- 09/14/2025 - 4th Quarterly meeting 9 AM to 4 PM, Doors open 8 AM, meeting starts at 11 AM. Bensalem Senior Citizens Associates, 1850 Byberry Rd, Bensalem, PA 19020
- 09/16/2025 Back To Valley 6:30PM meeting
- 09/27/2025 Share A Day presented by Harrisburg Area Intergroup & Area 59, 11AM-3PM. Was a moderator for a round table discussion
- 09/28/2025 YPAA and Area 59 Share A Day, 1-4PM, Brought area 59's trifold on archives and had group and covid group history forms updated
- 10/05/2025 Parliamentary procedure 6:30 PM Zoom
- 10/12/2025 Area 59 Archives subcommittee Inventory

Will Be Attending:

- 10/08/2025 - Saturday, November 8th 10AM – District 36 Group Inventory St. Paul's Lutheran Church, 530 Bridge Street, New Cumberland, PA 17070
- 10/24/2025 - A Serving of Soup: Soup Sponsorship and Service Workshop , 250 Trinity Road York, PA 17408. Area 59 Subcommittee Responsibility Setup Archives trifolds and Group history forms
- 10/25/2025 - Area 59 Inventory, Area 59 Archives subcommittee inventory 1hour before Area 59 Inventory, 1601 Green Lane West Chester, PA 19382

What's New:

- NERAASA Hotel rooms are sold out. The Westin Portland Harborview is the new overflow Hotel.
NERAASA.ORG and follow prompts for the hotel
- The accessible font motion passed and the P.A.I. Pass It On, and The Good Old Timers from District 51 passed. Discussion - Could we have a vote by show of hands if we want all future written correspondence in District 36 meetings minimum 12pts or higher and in a serif font ? The DCM report and Agenda are in a Times New Roman 14 pt font. The Treasurers Report is in a 10 pt, font
- We sent an email to all GSR's with what our delegate is looking for as there will be a sharing session specifically for GSR's and Homegroups. During our assembly at EPGSA there will be open sharing to get feedback from the GSRs/Groups on two questions related to the Founder's Literature. This will be on October 15, 2025 from 8:45 to approximately 11:20 AM.

1. What general process should we use to classify writings as Recovery, Service, or Archival/Historical? Who should determine the classification.
 2. What literature do you consider to be in each category of Recovery, Service, or Archival/Historical?
- Motions can be submitted 1 week prior to the next District meeting to be added to the agenda. Email: dcmd36a59@gmail.com

Robert's Rules Of Order:

- Every month on the First Sunday @ 6:30pm until Dec 6, 2026, 20 occurrence(s) Meeting ID: 870 2282 0237
Passcode: 991950
- +1 305 224 1968 US,,87022820237#,,, *991950# US
- +1 309 205 3325 US,,87022820237#,,, *991950# US
- EPGSA Hotel rooms and registrations are available. EPGSA needs volunteers. Register at area59aa.org or flyers are on the table with QR codes.
- A useful source for A.A. news, Box 4-5-9 is a quarterly newsletter from the U.S./Canada General Service Office. Free sign up with your name and e-mail
- We ask that you read our business meeting minutes prior to the next district meeting and submit any questions or corrections to Kim W. secretaryd36a59@gmail.com
- It is suggested to attend at least 1 quarterly area meeting a year.

[GSR KIT](#)

Helpful Links- Just click and go

[Safety Card for A.A. Groups | Alcoholics Anonymous](#)

[SMF-223 - FAQ on Practicing the Seventh Tradition at Virtual ...](#)

[DISTRICT 36 STRUCTURE MANUAL - AA \[Harrisburg.org\]\(http://Harrisburg.org\)](#)

Grateful in Service, James O. D.C.M. D.36

dcmd36a59@gmail.com

ADCM REPORT
September 9, 2025 to October 12, 2025
Zoom ID: 714 4907 7806. Password D36

Attended:

- The 5:30 Group. September 24, 2025. 924 W. Market St. York, PA
- Serenity By the Lake. September 30, 2025. Emmanuel Lutheran Church, 540 W. Walnut St. Lancaster, PA
- Sunbury Day by Day. October 8, 2025. Self Storage Building, 140 S. 2nd Street Sunbury, PA

Please Review

- **The 68th Annual Eastern Pennsylvania General Service Convention and Assembly (EPGSA)** November 14-16, 2025. At the Wyndham Lancaster Resort & Convention Center, 2300 Lincoln Highway E. Lancaster PA. It's suggested that GSR's and any interested AA member attend. This year Area officers and Area Committees report on their work to the Assembly. There will also be workshops, discussion panels and meetings. Also Volunteers are needed. For more information go to area59aa.org click on Events and you will find registration form, hotel reservations, volunteer form and lots of pertinent information.
- GSR's please keep group information updated. New GSR's can register as your new GSR for your group. Form can be found on area59aa.org. Under Forms and click on it, then click on Group Change form, fill in requested information and click submit. It will ask for your group number. Can be obtained from your group treasurer. See me after the meeting if you have any questions.
- GSR's Please familiarize yourself with D36 Structure Manual
- New GSR's the AA Service Manual/ Twelve Concept for World Services is no longer included w/ the GSR kit. You can ask your home group to purchase it for you or you can go to aaharrisburg.org and purchase it.
- Please remember to go over previous meeting minutes and submit any Questions or changes to Kim W. (Secretary D36). secretaryd36a59@gmail.com
- Submit any new motions at least a week prior to the next district meeting to D36 DCM at dcmd36a59@gmail.com
- Please keep your home group informed about area59aa.org, aaharrisburg.org and aa.org. There is a vast amount of information concerning our area and upcoming events.

Thank You for your Service,

Angelo S. Trusted Servant

AA Grapevine, Inc.

475 Riverside Drive, New York, NY 10115

September 24, 2025

Dear Friends in the AA Fellowship:

Grapevine and La Viña need your help — now more than ever.

For over eight decades AA Grapevine and La Viña, AA's magazines written by us, for us, convey shared experience, strength, and hope from members across the world. Now, beyond the magazines we carry the AA message in many new forms:

- Apps available worldwide in English and Spanish
- A podcast with more than 1.2 million downloads and 24,000 listens per month
- An Instagram community of 15,000 followers
- A YouTube channel with over 16,000 subscribers and 267,000 views
- ASL Videos for the Deaf on our YouTube Channel
- Over 40 books of member stories and writings
- Free content for the incarcerated on prison tablets
- Free print subscriptions for alcoholics in prisons, hospitals and institutions

Grapevine provides the podcast, YouTube channel, Instagram and the prison tablet content free of charge to help alcoholics. Therein lies the challenge: Grapevine's only source of income is from subscriptions and the sale of books. The magazines do not accept individual or group contributions.

Folks often ask how they can support Grapevine. Today, our financial situation is very difficult. With your increased support, a thriving Grapevine and La Viña will continue providing these vital services to alcoholics everywhere. We will also persist in adapting new technologies to carry the AA message.

Here's how you can help Grapevine help others:

1. Subscribe or renew your Grapevine or La Viña subscription today. You can subscribe to the print magazine or online — or subscribe through the apps and read and listen to the magazine right on your smartphone.
2. Ask your group to start a Grapevine or La Viña subscription — or add another.
3. Contribute to the Carry the Message program as an individual or as a group to provide subscriptions to those in need.
4. Tell your friends, home group, district and area that we need subscribers now more than ever.
5. Consider gifting a subscription to someone who could benefit from the AA message.
6. We need help from Area and District trusted servants to reach groups that don't have Grapevine or La Viña — or even know that the magazines exist.

7. Make Grapevine and La Viña part of your local events with workshops and presentations.

Every subscription helps keep the voice of the Fellowship alive for alcoholics who may not be able to get to a meeting but can still hear the message of recovery through our pages, podcasts, videos, and outreach. With your increased support, a thriving Grapevine and La Viña will continue providing these vital services to alcoholics everywhere and once again contribute to the General Service Board Reserve Fund.

Visit our websites to subscribe to the magazine in print or online, to purchase books, or contribute to the Carry the Message program (see links at end of letter).

On the apps, you can download and subscribe to the magazines through the Apple App Store or Google Play on your smartphone, or use the appropriate QR code for your phone, below. The apps have the portable convenience of being able to listen to the magazine audio or the podcast while you work, exercise or travel.

Thank you for your continued love and support. Together, we can make sure that the AA message keeps reaching the next suffering alcoholic—wherever they may be.

In service and fellowship,

A handwritten signature in black ink that reads "Chris C." in a cursive, slightly stylized font.

Publisher, AA Grapevine, Inc.

Archives Corner

E. M. Jellinek: The Scientist Who Helped Define Alcoholism as a Disease

Elvin Morton Jellinek, born on August 15, 1890, was a pioneering researcher who profoundly influenced how society understands alcoholism. Through his scientific work, he helped shift public perception from viewing alcoholism as a moral failing to recognizing it as a disease. His collaboration with Alcoholics Anonymous and public health advocate Marty Mann played a critical role in shaping modern approaches to addiction treatment and awareness.

In the early 20th century, alcoholism was stigmatized and poorly understood. Treatment options were minimal, and those suffering from alcohol dependence were often viewed as weak-willed or morally flawed. Jellinek changed that narrative. After joining the Yale Center of Alcohol Studies in the 1940s, he began conducting rigorous research into patterns of alcohol use and dependence. It was during this time that he became aware of the growing movement of Alcoholics Anonymous, founded in 1935 by Bill Wilson and Dr. Bob Smith.

Jellinek saw value in the personal recovery stories emerging from AA. In 1946, he conducted a groundbreaking study using self-reported data from ninety-eight members. From this research, he developed what became known as the "Jellinek Curve," a visual representation of the progressive stages of alcoholism, from initial use and increasing dependency, through physical and emotional deterioration, and eventually into recovery. This curve mirrored the experiences described by AA members and gave a scientific structure to their stories.

In 1960, Jellinek published his most influential work, *The Disease Concept of Alcoholism*. In this book, he classified alcoholism into several types, including the well-known Gamma alcoholism, which involved physical depend-

ence, loss of control, and a progressive course. He argued that this form met the criteria of a disease. This concept aligned closely with the way AA members described their experience, particularly the idea of powerlessness over alcohol and the need for a sustained recovery process.



Marty Mann and E.M. Jellinek

A key ally in promoting this new understanding was Marty Mann, the first woman to achieve long-term sobriety in AA and a passionate public health advocate. Mann founded the National Committee for Education on Alcoholism in 1944, the first national organization to promote the disease model of alcoholism. She and Jellinek worked in parallel and often in collaboration to bring credibility to the cause. Mann used Jellinek's scientific findings to educate the public, employers, and policymakers, while Jellinek's research benefited from Mann's outreach and advocacy.

Their combined efforts led to lasting changes in how alcoholism was treated in the United States. The American Medical Association eventually adopted the disease model, insurance companies began covering treatment, and public health campaigns started focusing on education and prevention rather than punishment.

E. M. Jellinek passed away in 1963, but his legacy endures. Through collaboration with AA and advocates like Marty Mann, he helped define alcoholism as a complex, treatable medical condition. His work continues to influence addiction science, public health policy, and recovery communities around the world.

Mary G.
MSCA 09 Archives

"Reminding ourselves that we have decided to go to any lengths to find a spiritual experience, we ask that we be given strength and direction to do the right thing, no matter what the personal consequences may be." —Alcoholics Anonymous, p. 79

In our drinking histories, we have unbelievable wreckage to the point that most of us don't believe we could ever undo the damage. Even the thought of cleaning up our lives' mess caused us to be anxious and overwhelmed.

We knew we should make things right, but most of us gave up long before we got to the program. Then we come into the program and get sober, and at every meeting, we read the Twelve Steps, including the amends Steps Eight and Nine.

I recall shuddering at this possibility, but I compartmentalized it as something to take care of way off in the future, if at all. However, something amazing transpires as we begin to take the steps. The "impossibles" in life become "possibles." My sponsor had me categorize my Eighth Step into now, soon, and never.

Once I did the "now's," the "soon's" moved to the forefront. Surprisingly, once I did the "soon's," the "never's," the ones with significant personal consequence, didn't seem as daunting. It was my experience that the harder the amend, the better the outcome, and it usually ended up as some sort of spiritual experience. Our book tells us that we can't shirk our responsibilities, even if it results in personal consequences.

It's important to note that each situation is different, and in the spirit of never hurting another, amends should be discussed with a sponsor before they are completed. I am so glad I was able to make those amends to people I had harmed, but it would not have been nearly as thorough without the program closing that "personal consequence" loophole that my subconscious would have used to avoid cleaning up the damage I inflicted on others.

Anonymous



Area 59

INVITES YOU TO AN

Inventory Event

JOIN US AS WE SHARE EXPERIENCES,
CELEBRATE STRENGTHS, AND EXPLORE
WAYS TO GROW IN SERVICE.



OCTOBER 25TH

9:30 AM-3:00 PM

REGISTRATION @ 9:00 AM



ADVENT LUTHERAN CHURCH

1601 GREEN LANE, WEST CHESTER PA



VISIT OUR WEBSITE

ALL ARE WELCOME

District 36 Group Inventory

When - Saturday, November 8th 10am – TBD

Food will be provided.

Where - St. Paul's Lutheran Church

530 Bridge Street, New Cumberland 17070

Who - Anyone who attends AA meetings in District 36

*Did you know our district stretches from Liverpool to
Dillsburg and Shippensburg to Hershey?*

Why - To review what is working & how we can improve

FAQ's - I would like to participate but am not able to attend.

How can I provide feedback?

*Yes! Use this QR Code to fill out the survey
by October 31st*



- Who can I contact for more information?

Please send an email to:

district36inventory2025@gmail.com

E.P.G.S.A. G.S.R./Group Feedback

Greetings GSR's,

There will be open sharing to get feedback from the GSRs/Groups on two questions related to the Founder's Literature. Please share this information with your homegroups in District 36 11/15/2025 8:45am -11:20am.

Background

- At the 75th General Service Conference, there were two agenda items related to adding additional protections to the Founders' Literature. (One was to require a 3/4 vote threshold, and the other was to change the Conference Charter).
- These items were on the agenda for two different Conference committees, both took "no action", and both had an additional consideration that basically said we need to define what is categorized as the co-founders' writings, before considering additional protections for the Founders' Literature.
- Report and Charter made a related recommendation that received substantial unanimity and became an advisory action:
The committee recommended that the General Service Board classify all AAWS and AA Grapevine literature written prior to 1971 as Recovery, Service, or Archival/Historical; review existing policies and consider proposing additional policies as appropriate for updating each classification, and that a progress report be provided to the 2026 General Service Conference.

What Dan is asking as Feedback for EPGSA

- Although we have an advisory action to categorize literature, at this time there are no details about the process, how it will proceed, etc., but I do expect something will be presented at the 2026 General Service Conference. To help me be better prepared, I'd

E.P.G.S.A. G.S.R./Group Feedback

like the groups to discuss these two questions, and have the GSRs provide a summary of their group's conscience at the EPGSA Convention:

1. ***What general process should we use to classify writings as Recovery, Service, or Archival/Historical? Who should determine the classification***
2. ***What literature do you consider to be in each category of Recovery, Service, or Archival/Historical?***

- These two questions are not proposed agenda items, and Delegates have not been asked to solicit feedback on them. They are for me alone, so that I can get a sense of the groups' thoughts on the issue, which will ultimately help inform me better for the 2026 Conference.
- Groups are not being asked to take a formal vote on the questions, but rather to just discuss them, in whatever manner they wish. The idea is to spark a really good and thoughtful consideration of the issue. If other ideas come up beyond the two questions, please share them!
- This feedback is about the advisory action only. Although issues such as whether we should make future changes to Bill's writings, or if we need further literature protections, etc. are very important, these items are outside the scope of the advisory action and the sharing I'd like to receive.

Again, I strongly encourage you to get this out to the GSRs and groups in your District, and to come to the EPGSA Convention with lots of great feedback to share - I'm really looking forward to hearing the groups' thoughts!

If you or any group members have questions about what I'm asking for, or need more information, please don't hesitate to reach out.

NERAASA 2026 Round Tables

Room	Roundtables
Rhode Island	Archives (Friday Only)
Rhode Island	Intergroups (Saturday Only)
Somerset	DCM/Alternate DCM/DCMC
New Hampshire	GSRs/Alternate GSRs
Vermont	PI/CPC/Literature
Massachusetts	Corrections/Bridging the Gap/Grapevine/ Treatment
York	Delegates/Alternate Delegates
Connecticut	Secretary/Registrars
Lincoln / Kennebec	Accessibilities/Remote Communities/ Website and Technology
Oxford	Area Chairs/ Alternate Area Chairs
Cumberland	Treasurers/ Alternate Treasurers
New Hampshire	Young People
Vermont	Spanish

NERAASA 2026 Program Schedule

7/22/2025

THURSDAY; 2/19/2026		
Time	Activity	Details
8:00 - 10:00 PM	Red Ball - AA Meeting	Possibly Casco Bay about 200 +/- Attendees
FRIDAY; 2/20/2026		
Time	Activity	Details
3:00 PM	Registration Opens	Check in in lobby (Similar to NEFOTS)
3:30 - 4:00 PM	Welcome & Opening	Chair and Alt Chair open the NERAASA '26 In Ball Room
4:15 - 5:30 PM	Panel 1	Ball Room
5:00-6:30 PM	Dinner	Buffet Casco Bay Room
6:45 - 8:00 PM	Panel 2	Ball Room
8:15 - 9:45 PM	Qty 10 Round Tables/Workshops	Will be using multiple rooms including Partitioned Ball Room
10:00 - 11:15 PM	After hours Round Tables	Young People/Spanish ~ Room TBD
SATURDAY; 2/21/2026		
Time	Activity	Details
8-8:45 AM	Breakfast & Speaker	Casco Bay
9-10.15 AM	Panel 3	Ball Room
10:30-11:45 AM	Panel 4	Ball Room
12:00 - 1:00 PM	Lunch	Casco Bay
1:15 - 2:15 PM	NERT Report	Ball Room
2:30 - 3:45 PM	Panel 5	Ball Room
4:00 - 5:15 PM	Business Meeting	Ball Room
5:30 - 7:00 PM	Dinner	Casco Bay
7:15 - 9:15 PM	Skit/ Flag Ceremony/ Count Down/ Speaker	Ball Room
9:30 - 10:30 PM	Qty 10 Round Tables/Workshops	Will be using multiple rooms including Partitioned Ball Room
10:45 - 11:30 PM	After Hours Round Tables	Young People/Spanish ~ Room TBD
SUNDAY; 2/22/2026		
Time	Activity	Details
8:00- 9:15 AM	Breakfast & Speaker	Casco Bay
9:30 - 10:00 AM	RT Report Backs	Ball Room
10:00 - 10:30 AM	Area Highlights	Ball Room
10:30 - 11:00 AM	Ask It Basket	Ball Room
11:00 - 11:15 AM	A49 Presentation NERAASA 2027 Host	Ball Room
11:15 - 11:30 AM	Farewell	Ball Room