## **HOW TO GET HELP**

## Holy Spirit Hospital

Holy Spirit Hospital in East Pennsboro Twp. Offers two types of alcohol rehabilitation treatment options. inpatient and outpatient. With all options, counselors recommend patients attend Alcoholics Anonymous meetings:

Inpatient rehab: Length of stay varies depending on patient's progress and the managed-care provider. Treatment can be arranged with the assistance of hospital personnel or with the assistance of a managedcare provider.

Intensive outpatient treatment: Patients attend counseling several days a week, usually in group therapy and education.

## **Outpatient treatment:**

Patients have weekly individual counseling with a therapist. Patients might also attend group therapy. 717-763-2228

Outpatient counseling facilities:

**Diakon Services** 960 Century Drive Mechanicsburg 795-0330

**Gaudenzia East Shore** 2039 N. Front St. Harrisburg 233-3424

Gaudenzia West Shore 4740 Delbrook Road Mechanicsburg 800-725-5453

Mazzitti and Sullivan 3207 N. Front St. Harrisburg 901-5652

Inpatient counseling facilities:

Commonground 2835 N. Front St. Harrisburg 238-5553

**New Insights** Lemoyne 303-2035

**Pennsylvania Counseling Services** 4918 Locust Lane Lower Paxton Twp. 671-9610

**Perry Human Services** Route 34 South Mullhollen Office Centre New Bloomfield 582-8703

**Roxbury Treatment** 

50 Spring Garden St. 40 E Louthe Minerva Mills Building 50 ite 213 Carlisle

532-4217 249 5010

**Stevens Center** 33 State Ave. Carlisle 243-6033

White Deer Run

 Harrisburg Governor's Plaza South 2001 N. Front St. Building 1, Suite 212-214 Harrisburg 212-8712

Roxbury 601 Roxbury Road Shippensburg 800-648-4003 4673

White Deer Run **Treatment Facilities** 800-626-9355 24-hour call center: 570-380-2801 866-769-6822

York/Adams Drug and

Alcoholics Anonymous www.aaharrisburg.org Crisis Intervention: If you are in a crisis, call anytime day or night, 763-2222

## County Drug and Alcohol Commissions

These agencies help people who have no insurance resources get funding for treatment:

**Cumberland/Perry Drug** And Alcohol Commission 16 W. High St. Carlisle 240-6300

Dauphin Cnty. Executive Commission on Drugs, Alcohol and Tobacco 1100 S. Cameron St. Harrisburg 635-2254

**Lebanon County** Commission on Drugs, Alcohol and Tobacco 220 E. Lehman St. Lebanon Crisis Intervention: 274-3363

272-4444 Lancaster

**Alcohol Program** 100 W. Market St. York 771-9618 Mental Health 24-hr. hotline for youths: