

TRY SOMETHING NEW!



Horseback, Climbing Wall, Hiking



Paddle boats, Lawn Games, Yoga



QuotesIdeas.com

Friday Sept 20, 3:00 Registration
Dinner 5:00 First Session 6:00-9:00
2 Saturday Sessions and Free time
Sunday Session Ends 11am

- Create a Vision Board
- Explore methods to deepen your conscious contact with your Higher Power

\$200 TOTAL COST - REGISTRATION

Please note, this is for women who are in recovery only!!

Name: _____

Phone: _____

Address: _____

Email: _____

Roommate Request: _____

Emergency Contact Name: _____

Emergency Phone: _____

List Food Allergies: _____

List Medical Conditions: _____

****\$50 Deposit due by July 30, 2019****

No refunds after August 15th No exceptions.

Scholarship Applicant _____

SCHOLARSHIP DONATION _____

**We will be creating a vision board, please bring personal memorabilia to decorate it (photos, magazines).

Full Payments are due by: **August 15, 2019**

Submit This Form and Check to:

WSR PO BOX 951, CAMP HILL PA 17011

Deb N. (717) 418-0025

Email: Deborah@norman.org

Suggested to bring: foldable chair, blanket for fire, toiletries, Big Book, comfortable clothing, hiking boots/sneakers,

Registration Limited. Register Early.

Women's Serenity Retreat

September 20-22, 2019

Camp Hebron, PA

A 12th Step Retreat

Facilitated by Elizabeth J., NJ

(27 years of sobriety)



Facebook: Women's Serenity Retreat Group

Fellowship, Fun, Growth,
Deepen your Program
Relax and Release
Connect with Nature
Laugh and Enjoy Sober Life



Fellowship around the fire

Where: Camp Hebron

57 Camp Hebron Rd, Halifax, PA 17032



Fresh air and Relaxing Atmosphere
Scholarships Available



Conscious Contact with Higher Power
"Let Go and Let God"
Create your own Vision Board
Building and Enhancing relationships
through fellowship

Fun Activities



Going Deeper into the 11th Step
Change your perspective

How Much: \$200

Includes: meals, lodging, crafts

Optional Pre- Retreat Activity:
Friday September 20th
12:00-3:00

High Ropes Challenge Course and Zip Line

Challenging Yourself
Mentally, Physically and Spiritually



Move past your Fears



Cultivate Courage. Reinvent Yourself
Develop Trust-Rely on Teamwork

\$20 per person / additional charge
Limited Group – Commit Early
Payment -separate check please

Registration: _____
Payment \$20 _____

***Signed Release Required**



Private Lodge



Accommodations: Private Bed & Bath
2 people/room. Some rooms can
accommodate up to 4 people.



Outdoor dining and fire pit

