## **Serenity Prayer**

God, grant me the

Serenity
to accept the things I
cannot change;
Courage to change the
things I can;
And Wisdom to know the
difference.

## **Al-Anon Declaration**

Let it begin with me,
When anyone, anywhere,
Reaches out for help,
Let the hands of Al-Anon &
Alateen
Always be there, and Let It
Begin With Me!

## **AL-ANON**

## Meeting Directory District 21

Cumberland, Dauphin & Perry Counties



For Information and help call: 1-888-4AL-ANON (888-425-2666)

Online:

Pennsylvania Website www.pa-al-anon.org

World Service Website www.al-anon.org

| Sunday  |                | Tuesday  |                       | Wednesday   |                  | <u>Friday</u>  |                 |
|---|----------------|--|-----------------------|---|------------------|--|-----------------|
| Harrisburg Start AFG Migliore Smart Recovery 60 S. 41st Street (Enter - in back, 2nd floor)                       | 5:00 PM<br>O   | Hershey  AFG at Work  Penn State Hershey Medical Center  500 University Drive  (North elevators to 7th floor, turn right rm    | 12 Noon<br>O &        | Carlisle Serenity Station AFG Carlisle YWCA 301 G Street Literature Meeting   | 12 Noon          | Mechanicsburg Hope on Simpson AFG First United Methodist Church 135 West Simpson Street (Enter from parking lot, 2nd floor rm 216)                         | 12 Noon O       |
| Camp Hill Outreach AFG Chapel Hill UCC Poplar Church & Erford Road (Enter - Rear of church 2nd floor) Monday      | 7:15 PM        | Lemoyne Just for Today AFG Grace United Methodist Church 313 Herman Avenue (Upstairs through sanctuary in parlor) Shippensburg | 12 Noon  12 Noon  0 🔊 | Lemoyne Just for Today AFG Grace United Methodist Church 313 Herman Avenue (Upstairs through sanctuary in parlor) Harrisburg          | 12 Noon  6:00 PM | Carlisle  Home Improvement Too AFG  Merakey (formerly the Helen Stevens Center 33 State Avenue (Side entrance, last door on right)  Concurrent with AA     |                 |
| Mechanicsburg Wake Up to Al-Anon AFG St Joseph RC Church 400 East Simpson Street (Lee Horan Room in Brindle Hall) | 7:00 AM<br>O & | Anchor AFG The Harbor 55 West King Street (ParkIng in rear of building enter in front)   | 0 6                   | Swataro Serenity AFG Unitarian Church of Harrisburg 1280 Clover Lane (Enter front door, turn left to Fuller Chapel Literature Meeting |                  | Hershey Friday Night AFG First United Methodist Church 64 West Chocolate Avenue (Corner of Chocolate & Linden 2nd Floor)                                   | 8:00 PM         |
|   |                | Carlisle Carlisle Adult Children AFG   | 5:00 PM               | Thursday  |                  | <u>Saturday</u>  |                 |
| Lemoyne Just for Today AFG Grace United Methodist Church 313 Herman Avenue (Upstairs through sanctuary in parlor) | 12 Noon        | Merakey 33 State Avenue (Enter front from parking lot)  Harrisburg   | 6:30 PM               | Lemoyne Just for Today AFG Grace United Methodist Church 313 Herman Avenue  | 12 Noon          | Harrisburg Hope on Market AFG Unitarian Church of Harrisburg 1508 Market Street  | 10:30 AM<br>O   |
| Mechanicsburg  Hope on Simpson AFG  First United Methodist Church  135 West Simpson Street                        | 7:00 PM<br>O 🗟 | Courage to Change AFG St. Mark's Lutheran Church 4200 Londonderry Road (Enter red side door, upstairs, rm 109)                 | • &                   | (Upstairs through sanctuary in parlor)  Harrisburg  40th Street Steppers AFG St Catherine Church                                      | 6:30 PM          | (Bang on green door on left side of church)  Lemoyne  Just for Today AFG  Grace United Methodist Church  | 12 Noon         |
| (Enter from parking lot, 2nd floor rm 216) SPEAKER MEETING - last Monday of month                                 |                | Camp Hill West Shore AFG Trinity Lutheran Church   | 7:30 PM               | 4000 Derry Street<br>(Right on Francis Cadden Pkwy enter side,  | downstairs)      | 313 Herman Avenue<br>(Upstairs through sanctuary in parior)<br>Alateen Meeting - held concurrent with Al-Anon meeting, 12 noon.                            |                 |
| Harrisburg Susquehanna AFG Ridgeway Community Church 525 North Progress Avenue                                    | 7:30 PM        | 2000 Chestnut Street (Enter from Parking lot, upstairs, rm 232) Carlisle   | 7:30 PM               | Camp Hill West Shore AFG Trinity Lutheran Church 2000 Chestnut Street   | 7:30 PM          | (At archway; turn left, go downstairs, turn r<br>Room LO1 on left)   | ight at bottom. |
| (At corner of Progress & Elmerton Avenues)  |                | Hame Improvement AFG Carlisle UMC  | •                     | (Enter from parking lot, upstairs, rm 232)  |                  |  |                 |
| <u>Tuesday</u> Harrisburg   |                | 45 South West Street<br>(Downstairs, rm 1)   |                       | <i>Friday</i> Lemoyne   | 12 Noon          |  |                 |
| Capitol Complex AFG St Patrick Cathedral Church 212 State Street (Enter side, downstairs Deocon Clark rm)         | 12 Noon        | Hershey Hershey Kiss AFG First United Methodist Church 64 West Chocolate Avenue (Corner of Chocolate & Linden 2nd Floor)       | 8:00 PM               | Just for Taday AFG Grace United Methodist Church 313 Herman Avenue (Upstairs through sanctuary in parlor)                             | • &              | Alateen Meetings - limited to students attending these schools: Roped In Alateen – Shippensburg High School Skittles Alateen – Central Dauphin High School |                 |
|   |                |  |                       |   |                  |  |                 |